

## Area Mental Health Resources

### 988 Suicide & Crisis Line

Call or text 988

Suicide prevention line available to anyone in suicidal crisis or emotional distress. 24 hours, 365 days/year.

### Crisis Stabilization Unit

865-541-6958

(A service of McNabb Center)

24 hour service. Provides non-hospital, facility-based services that render short-term treatment to facilitate access to services and stabilization to prevent acute psychiatric hospitalization.

### Mobile Crisis Unit

865-539-2409

(A service of McNabb Center)

Provides 24-hour crisis response system for individuals experiencing a behavioral health crisis. Provides assessment, triage, and access to appropriate levels of care. Triage staff will determine if caller needs to be seen face to face.

### Cherokee Health Systems

Provides mental health services, including counseling, alcohol and substance abuse treatment and medication-assisted-treatment

North Knoxville

865-947-6220

### McNabb Center

865-9711

Integrated mental health care system, substance abuse/addiction treatment, services including prevention, treatment and rehabilitation.

### Peninsula Outpatient Centers

865-970-9800

(Member of Covenant Health)

Counseling, medication management, case management, support groups, recovery programs.

### Sequoyah Hills Presbyterian Church

865-522-9804

Stephen Ministry (contact Eleanor Barron)

Grief Care (contact Rev. Janna Preston)

Deacons available after each worship service at the keyboard (8:45) and piano (11:00)

Rev. Jay Howell (Pastor)

Rev. Mark Lampley (Senior Associate Pastor)

Rev. Ben Garris (Associate Pastor)