



stephen
MINISTRY.

Christ caring for people through people.

Everyone goes through difficult times, but sometimes we really struggle with the life issues we are facing. Sometimes we need to know that someone else cares, that someone else is pulling for us, praying for us and reaching out to us. Sometimes it helps to talk with someone who isn't family, someone who isn't necessarily a close friend or a pastor, a teacher or a counselor. It's for those times and for those who are hurting in our church community that Sequoyah Church offers Stephen Ministry.

Who Stephen Ministers Help

People who are experiencing:

the loss of a loved one;
hospitalization; separation and divorce; terminal illness; being shut-in; loneliness; retirement changes; unemployment; childbirth; life transitions; a family crisis.

People who are:

Having a tough time; Feeling unfulfilled at work; Feeling overwhelmed at home; Facing a difficult decision; Feeling alone;

A Stephen Minister is ...

A lay person who has received 50 hours of training;
A provider of distinctively Christian care;
A caring friend who really listens;
Someone you can depend on to be there for you.

A Stephen Minister is not ...

A counselor or therapist, a problem solver, or a casual visitor.

If you'd like to know more about becoming a Stephen Minister or if you or someone you know could benefit from the care of a Stephen Minister, please contact:

Rev. Rachel Hamburger at 865.522.9804 or

Eleanor Barron, Referrals Coordinator, at 865.525.7377